

INTEGRATION OF FIRST AID COURSES INTO HIGHER EDUCATION AS A FACTOR IN OF LIFE SAVING

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The inclusion of first aid courses in higher education is not only desirable, but also a necessary step towards a safe and responsible society. The importance of this topic is emphasized by the statistics of accidents, where every minute lost can cost lives. The importance of timely first aid is beyond doubt. After all, these first few minutes can determine the victim's further condition and chances of survival. The purpose of this study is to justify the need to include first aid courses in the higher education system by revealing the potential of first aid as a life-saving factor. The problem of insufficient training of students is obvious. Most higher education institutions do not offer mandatory first aid courses, and students' awareness of first aid algorithms is low. Many students are not prepared to act in crisis situations that could have fatal consequences. The lack of basic knowledge and skills in first aid poses a serious threat to the life and health of both students and others [2]. First aid training has a significant positive impact on society. It increases the survival rate of victims in emergencies, promotes civic responsibility and social engagement among students, and reduces the burden on emergency medical services. When students and cadets are trained in first aid, they are able to respond to emergencies more quickly and effectively, reducing the number of deaths and complications. International experience demonstrates successful models of introducing first aid courses in higher education. Such courses are compulsory in Western universities, and training includes a variety of teaching methods, including simulation centers and online courses. These models have proven to be effective in increasing students' readiness to provide first aid [1]. In Ukraine, first aid courses should be actively included in the higher education system. This requires the introduction of compulsory courses in all specialties, cooperation with medical institutions, the Red Cross, the Ministry of Health and other organizations, and the use of modern teaching methods such as practical training, virtual reality simulations and certification programs. This will ensure that students and cadets are well trained and able to respond to emergencies. The expected outcomes of implementing first aid courses include increased student preparedness for emergencies, reduced

deaths and injuries in the community, and increased safety in the community as a whole. [3] When all students are trained in first aid, society will be safer and better able to withstand various challenges. The results of the study emphasize the importance of integrating first aid courses into higher education. This is not only a matter of academic education, but also a matter of saving lives. In order for every student to become a rescuer in a crisis situation, it is necessary to reorganize educational programs to improve the level of education of students.

References

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