

THE IMPORTANCE OF PREMEDICAL CARE IN THE SYSTEM OF HIGHER EDUCATION

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The importance of first aid for cadets in the higher education system, especially in higher education institutions of the security forces, is very important and multifaceted. In today's world, where the risk of man-made and natural disasters, terrorist attacks and military conflicts is constantly growing, teaching cadets first aid skills is not only desirable but also necessary. Law enforcement cadets often work in hazardous environments where the likelihood of injury is extremely high. They are often the first to arrive at the scene of an incident requiring emergency assistance, and the lives and health of cadets and civilians depend on their actions [2]. Therefore, first aid skills are crucial for the combat readiness of the unit and the effective performance of its tasks. First aid training programs should be integrated into the curriculum from the first year of cadet training. It is important to use modern teaching methods such as simulation training, tactical medicine and other innovative approaches [4]. Simulation training allows cadets to apply their skills in situations as close to real life as possible, which allows them to better absorb the material and increase their confidence in their actions. In tactical medicine classes, which take into account the specifics of combat operations, cadets learn to provide assistance in conditions of limited resources and increased risk. The participation of instructors with experience in emergency situations, such as medical specialists with combat experience and rescuers, allows them to pass on not only theoretical knowledge but also practical skills acquired in real-life situations. The psychological training of cadets deserves special attention. Providing first aid under stress requires not only physical but also psychological skills. Developing stress resistance and emotional control is an important aspect of training. Cadets must be prepared to act under high psychological pressure when every minute counts. It is also important to provide psychological support to cadets after participating in an emergency to prevent the development of post-traumatic stress disorder. Practical application and evaluation of training effectiveness is an integral part of cadet training. Practical exercises that are as close to real-life situations as possible allow cadets to apply the skills they have learned and increase their readiness to act in an emergency. Assessing cadets' knowledge and skills through tests

and practical exercises can help identify weaknesses and improve the curriculum. Analyzing and improving the curriculum in accordance with the results obtained is important to ensure quality education. Interaction with healthcare services is another important aspect of cadet training. They must be able to communicate properly with emergency services and be able to quickly and clearly convey information about the victim's condition and the circumstances of the accident. The application of an algorithm of behavior when interacting with medical personnel helps ensure effective cooperation and the rapid provision of qualified assistance. Therefore, first aid training is an integral part of cadets' professional training [3]. It develops not only the skills to fulfill their duties, but also the ability to protect the most valuable thing – human life. The use of effective teaching methods, the involvement of qualified instructors, special attention to psychological training and the establishment of effective cooperation with health care services will ensure a high level of cadets' readiness to provide first aid and increase the effectiveness of their professional activities.

References

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